



DFB-AKADEMIE



Berufsverband Deutscher  
Psychologinnen  
und Psychologen



Sektion Wirtschaftspsychologie  
**Sportpsychologie**



5TH SYMPOSIUM ON SPORT PSYCHOLOGY

# Mental Well-Being in High Performance Football

This exclusive conference, organized by the German Association of Psychologists (Berufsverband Deutscher Psychologinnen und Psychologen) in partnership with the German Football Association (DFB-Akademie), will explore the crucial role of psychological well-being in football. Tailored for psychologists and sport psychologists, the event will demonstrate how prioritizing mental well-being helps everyone involved in high-performance football thrive in demanding environments while also highlighting the broader benefits for teams and communities.

.....

## Event Details

**Date:** 30th of October, 2024: 10:30 AM – 7:00 PM  
31st of October, 2024: 9:00 AM – 1:30 PM

**Location:** DFB-Akademie, Schwarzwaldstraße 121,  
60528 Frankfurt am Main, Germany

# Program Highlights

## 1. What Role Does Mental Well-Being Really Play in High Performance Football?

*Panel discussion moderated by: Jonathan Harding, Author and Elite Athlete Well-Being Consultant*

## 2. The Importance of Supporting Coaches' Mental Well-Being: Examples of the League Managers Association's Approach

*Speaker: Dr. Jennifer Lace, Head of Psychology and Mental Health, League Managers Association England*

## 3. Developing Systems, Processes, and Interactions that Put the Human Being First

*Speaker: Christian Luthardt, Head of Learning & Development, FC Bayern Campus*

## 4. Creating a Mentally Healthy and Sustainable Work Environment through Organizational Psychology

*Speaker: Carsten Hvid Larsen, Head of Football Psychology, Danish Football Association*

.....

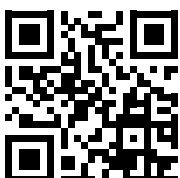
## Why Attend?

- Gain insights into the latest approaches and strategies for fostering mental well-being in high performance environments.
- Connect with international psychologists and experts in mental well-being.
- Engage with key stakeholders in German football.
- Network with professionals and industry leaders.

Participate in this pivotal two-day conference focused on advancing mental well-being in football. Ensure your voice is included in this essential discussion.

.....

## Contact Information



For further information and to register, please visit our website or use the qr Code:

[www.wirtschaftspsychologie-bdp.de](http://www.wirtschaftspsychologie-bdp.de)

